

NEWSLETTER

June 2025



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King's
BIRTHDAY

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Editor's Desk

Hello Residents, Families and Friends!

This month, we highlight two special celebrations:

Kings Birthday - celebrating NZers' achievements

Dozens of New Zealanders will be given royal honours for excellence in their fields. Honours are given out – twice a year – the other being on New Year's Eve.



Literally anyone can nominate someone living who they think deserves a Royal Honour. The Honours Unit at the Department of the Prime Minister and Cabinet processes between 800 to 1000 nominations a year.

Once the draft list is set, it is then given informal approval by the governor-general, run by potential recipients first - "a small number decline," - and then it's off to the King, who is the head of our honours system.

Mataraki – Growing traditions

Historically Matariki, the Maori new year celebrations provided the opportunity for whānau (family) to come together to acknowledge the year gone by, prepare and plan for the year ahead; to celebrate with kai (food), kōrero (speak or share stories), ceremony and entertainment. Today, we are encouraged to celebrate the unique places we live in, show respect for the land we live on, and to share and grow together.

With warm wishes and joyful reflections,

Davina

Client Relations Coordinator

Message from our Facility Manager



Kia ora koutou katoa / Hello to you all,

Another busy and fulfilling month has passed at Hetherington House, filled with a variety of enjoyable activities.

As Davina previously spoke about recognising the achievements of New Zealanders this King's Birthday weekend, I would like to take a moment to acknowledge and celebrate the incredible team here at Hetherington House.

Our Clinical Manager, Registered and Enrolled Nurses, Caregivers, Cooks, Kitchen Hands, Laundry Team, Domestic Team, Administration Team, and Maintenance Team each play a vital role in the day-to-day operations of our home. Their dedication, hard work, and commitment ensure that we can continue to provide the highest standard of care to our residents.

Every member of our team deserves recognition and appreciation for their invaluable contributions. Without each and every one of them, the exceptional level of care we strive for would not be possible.

Transport Assistance for Medical Appointments

Does your family member need support attending medical appointments?

We understand that coordinating medical appointments can be challenging when balancing work and family commitments. To support our residents and their families, Hetherington House offers several transport options to assist with attending appointments.

Available Transport Options:

Hato Hone St John Shuttle Service:

This service is available for medical appointments. A koha (donation) is appreciated when using this service.

Driving Miss Daisy:

A personalised transport service tailored to the client's needs. Pricing is based on individual requirements, and we recommend contacting them directly for a quote.

Hetherington House Van:

Our facility van is available for use, subject to availability. Davina, along with our back-up driver Steve Cook, is happy to transport residents to their appointments when possible. A koha (donation) for this service is appreciated.

If you would like to arrange transport using any of the above options, please contact Davina or myself to make a booking.

We're here to help make things easier for you and your loved ones.

Ngā mihi nui / Kind regards

Michelle Wilson

Facility Manager

June Trivia

June is named for Juno, Roman queen of the gods

Zodiac signs: **Gemini & Cancer**

Birthstone: **Moonstone or Pearl**

Flower: **Rose or Honeysuckle**

Quote of the Day

You are never too old to set another goal or to dream a new dream.

– C.S.Lewis

Clinical Manager's Desk

As previously mentioned, we are directed by Nga Paerewa, Health and Disability Standards, which guide us in caring for you. Previously I posted Outcome no. 1, Your rights.

Outcome 2: Person-centred

Ngā Paerewa is a set of standards for health and disability services in New Zealand. Outcome 2 refers to the "person-centred" approach, emphasizing that care should be respectful, empathetic, and compassionate, and tailored to individual needs and preferences. It also highlights the importance of cultural appropriateness and involving whānau (family) in the process.

How do we at Hetherington House accomplish this?

Respectful and Compassionate Care:

Providing care that is sensitive to your individual needs, preferences, and cultural backgrounds.

Person-Centred Approach:

Focusing on the individual's needs and preferences, rather than simply on a diagnosis or condition.

Cultural Appropriateness:

Ensuring that care is culturally sensitive and respectful of Māori values and beliefs.

Involving Whānau:

Engaging whānau (family) in care planning and decision-making where appropriate.

Collaboration and Partnership:

Working collaboratively with individuals, their families, and other relevant stakeholders.

We obtain this information when you are admitted to the facility.

The nurses ask you questions about your health, engaging you and your family. The Diversional Therapists also have a chat with you and your family to establish what makes you happy, your hobbies, past interests so that we can see how best to meet your needs while you are with us.

Ell Burns

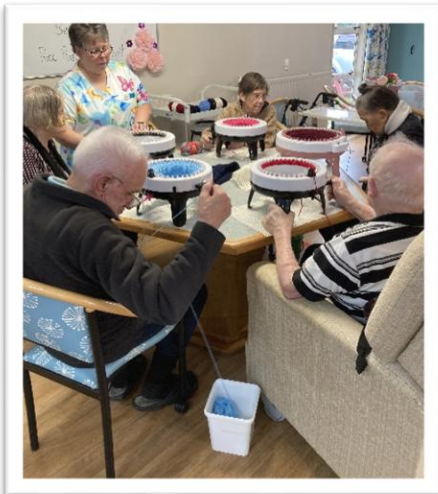
Clinical Manager



The Month of May in Review



The Dancing Divas entertained with their costumes and movements to music



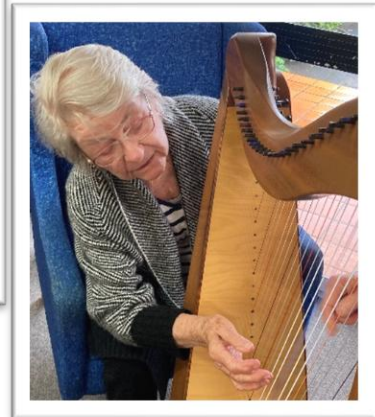
Knitting club has been producing mainly hats this month – seen here making children's hats



The regular Tuesday bowls competition continued

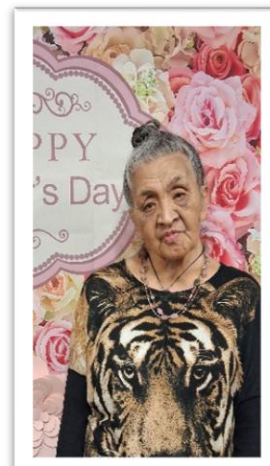
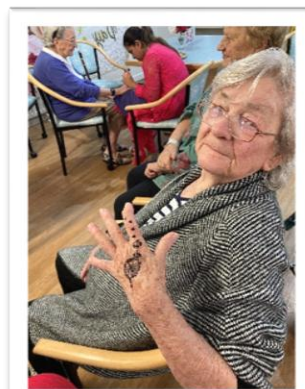
May Continued

Some lovely harp entertainment by Christine
Then some of the residents were interested in playing the harp.



Mens group having morning tea and a discussion on The Railways.
Special thanks to Rob and Robin who shared their knowledge of trains and The Goldfields Railway

Celebrating Mother's Day



Lots of pampering



Make-up, nails,

massage and henna

Followed by a lovely afternoon tea

A massive thank you

The Mother's Day Spa Party was amazing!

A couple of massive Thank You's

to Carol and Raewyn for making it look seamless – we appreciate your planning, decorating and those fabulous gifts

to Julie and Sam for making our nails beautiful

to Komal for decorating us with Henna

to Jas for making us look ten years younger, with your make up

to the kitchen team for the yummy afternoon tea



The Month of May continued



We meet a friendly lamb, just by luck on a van trip.



Brews and Bites by Ella – offered “real coffee”, hot drinks and scones. Enjoyed by residents and team members



Painting Matariki decorations and knitting



Pink Shirt Day



The staff took taking part in Pink Shirt Day by dressing up in pink and decorating paper shirts in the staff room

Doing our part to eliminate bullying by celebrating diversity and promoting kindness and inclusion.

Kōrero Mai, Kōrero Atu, Mauri Tū, Mauri Ora –
Speak Up, Stand Together, Stop Bullying!



An evening staff bowls competition – enjoyed by everyone including the residents cheering us on



The Month of May continued

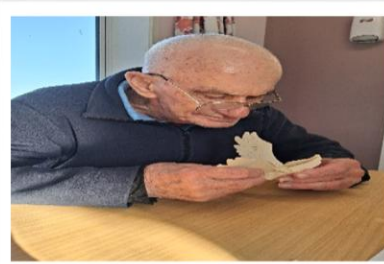


A craft morning with Waikino School children – creating crowns ready for Kings Birthday celebrations

Ice cream trolley



Making a model bird -problem solving and accomplishment



Special Events in June

Bowls with Waihi Lifecare

Tuesday 10th 1:30pm

Waihi College Play – via Van Outing

Monday 16th Midday

Garden Club – Guest speaker

Thursday 26th 10:30am

Through our lens – DT slide show

Friday 27th 10:30am

What is New

Crafter's Circle

Tuesday 24th 1:30pm, Dining room

Shop

Friday 13th 10:30am, Main Lounge

News Room

Every Tuesday and Friday 9.30am

Pet Therapy with Oscar

Every Thursday at 10:30am



Entertainment in June

The Friends Group
Wednesday 11th 10:30am

Gary Entertains
Friday 13th 1:30pm

**Waihi College Play –
via Van Outing**
Monday 16th Midday



Entertainment by Amir
Tuesday 17th 1:30pm

Waihi Women's Choir
Sunday 22nd 1:30pm

New Entertainer: **Music with Dennis**
Friday 27th 1:30pm

Regular Events

Reminiscing and Flowers with Liz

Monday 16th, 10:30am

Waikino School Children visits

Wednesday 4th & 18th 10:30am

4th - Kings Birthday Morning Tea

18th - Kapa Haka performance

Come along and have fun with the children

Church visits every Friday 10:30am

Coffee Club Tuesday 17th at 1.30pm

Resident Meeting

Tuesday 17th 10:30am, Main Lounge

followed by the

Viewing Lost Clothing

Special Days celebrated throughout the World

1st World Milk Day

2nd Italian National Day

5th World Environment Day

6th D-Day

8th World Oceans Day

15th Father's Day (US, CA, UK)

19th Emancipation Day (US)

21st World Music Day

30th Wimbledon

I can't list it all here, so for van outings, walking groups, bowls, pet therapy with Denva, bingo, scrabble club, art cart, table and floor games, time to bake, garden club, golden memories sing along, bunco and don't forget our variety of exercises – please refer to your activities calendar or board in the dining room.

June Birthdays

In June, we celebrate birthdays with:

- **16th Shane Capper**
- **17th Marion Gattung**

Please note

residents can choose not to have their birthday displayed



June Trivia

June's name comes from the Roman goddess Juno, protector of women and marriage.

In 1969, Neil Armstrong was named the first civilian selected for the astronaut program—and in just one month, he would make history.

June 1st, 1967, saw the release of The Beatles' iconic album Sgt. Pepper's Lonely Hearts Club Band—a musical landmark that still resonates today.

Gemini (May 21 – Jun 20)

Geminis love to learn and they never stop wondering about the unexplained.

Cancer (June 21 – July 22)

Cancer personalities are very emotional and sensitive, and care deeply about matters of the family and their home.

A dual language Act (an Act that is published in both Te Reo Māori and English), it established Te Rā Aro ki a Matariki/ Matariki Observance Day as a public holiday — the first public holiday to recognise Te Ao Māori, and the first new public holiday since Waitangi Day became a public holiday in 1974.

Poem to Share

Don't Quit

John Greenleaf Whittier

When things go wrong, as they sometimes will,
When the road you're trudging seems all uphill,
When the funds are low and the debts are high,
And you want to smile, but you have to sigh,
When care is pressing you down a bit—
Rest if you must, but don't you quit.

Life is strange with its twists and turns,
As every one of us sometimes learns,
And many a failure turns about
When he might have won had he stuck it out;
Don't give up though the pace seems slow—
You may succeed with another blow.

Success is failure turned inside out—
The silver tint of the clouds of doubt,
And you never can tell how close you are,
It may be near when it seems so far;
So stick to the fight when you're hardest hit—
It's when things seem worst that you must not quit.

Noticeboard



EMPLOYEE OF THE MONTH

Congratulations to

ELL BURNS



The Employee of the Month, has been running for three months now,

Previous employee of the month were:

April - Cindy Wiseman

May - Komal

Team members have a voting box.

Residents, family and visitors can submit towards the employee of the month, by using a Compliment form located at reception, the Crystal lounge or can be provided by any of our team on request.

The winner is the person with the most nominations over the month.

NEW STAFF

A very warm welcome to the people who joined our team in the past month:

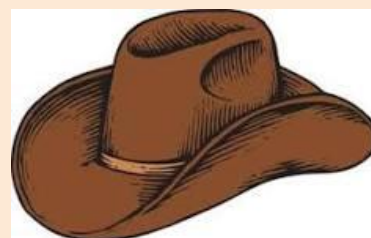
- **Blessy**
- **Rekha**
- **Sheryl**

We hope that you enjoy your time here!

JULY COWBOY DAY

Dust off that Cowboy Hat – or ask the family to pick one up

It would be great if all residents have a cowboy hat to wear on Cowboy day in July



Laughing Matters



The Fisherman

Joe packed away his fishing gear in a bad mood because after all day fishing he hadn't caught a thing.

He passed by the fishmonger and asked for a large fish.

The fishmonger said: "What kind?"

"Any kind" Joe replied.

The fishmonger said: "You better take a Snapper because your wife was here earlier and told me if you came by to give you a snapper. That's what she feels like eating tonight."

The Nurse

A man was going frantically down the hall of the hospital in his wheelchair, just before his operation.

A nurse stopped him and asked: "What's the matter?"

He said, "I heard a nurse say, 'It's a very simple operation, don't worry, I'm sure it will be all right.'"

"She was just trying to comfort you, what's so frightening about that?"

"She wasn't talking to me. She was talking to the doctor!"

The Tramp

A gentleman was walking home when a tramp approached him and asked for two dollars.

The gentleman asked: 'For you to buy booze?'

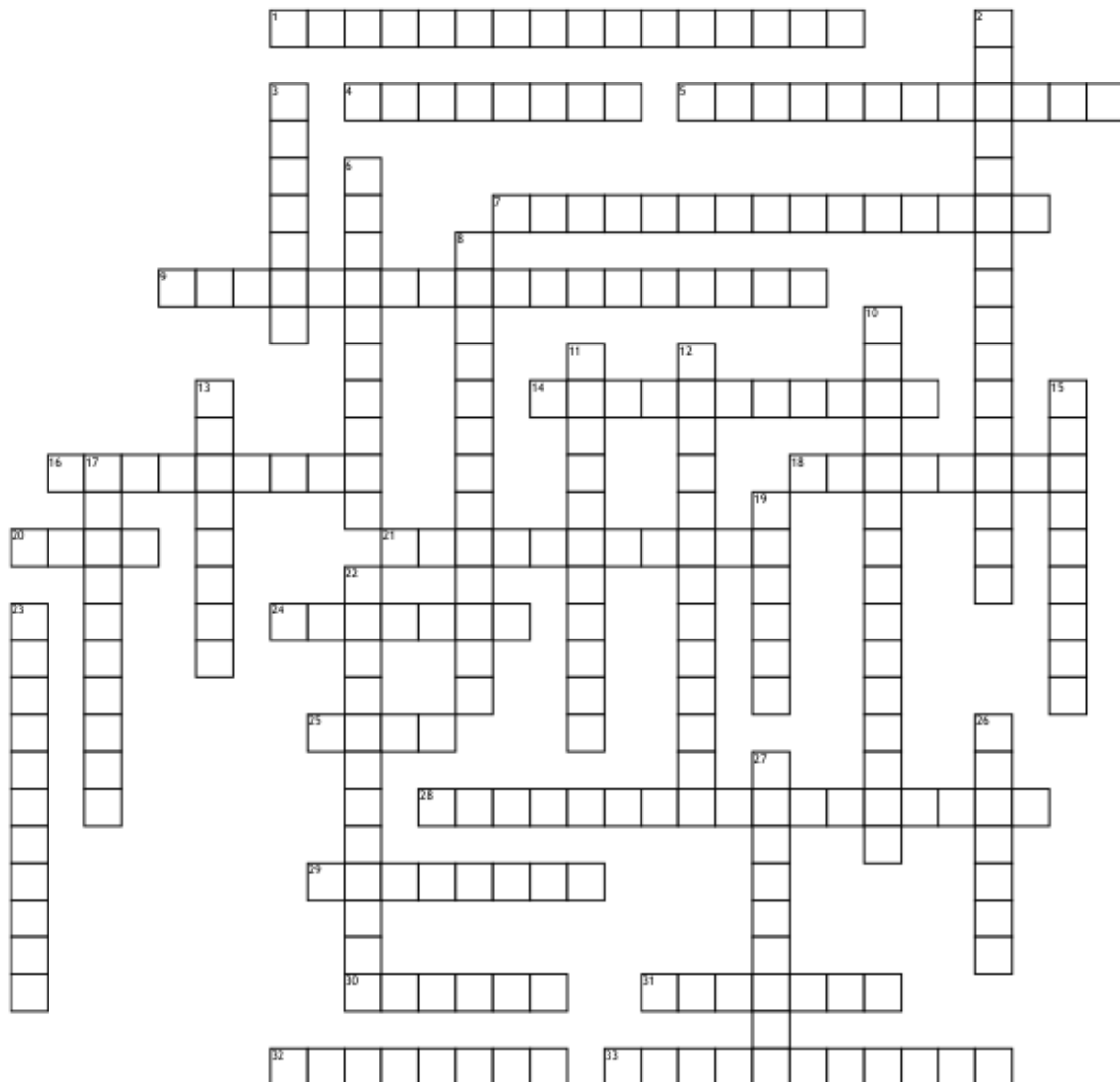
'No, sir' replied the tramp.

The gentleman probed: 'For you to gamble then!'

'No, sir' replied the tramp.

'Then, will you come home with me so my wife can see what happens to a man who doesn't drink or gamble?'

British Royals



Across

1. Cousin killed by order of Elizabeth I
4. His sons are known as the Princes in the Tower
5. His death made Prince George, Duke of York heir (First & Middle name)
7. English Monarch is the head of this Church
9. Queen Victoria's manager established this House
14. Blood disease that Queen Victoria's heir introduced to many European Royal families
16. Son of Edward VII who died within 24 hour of birth
18. Both wives of John I had this first name
20. Number of children birthed by Queen Victoria

21. Wife who finally gave HM King Henry VIII a son
 24. In July 1917 the Royal Family changed their surname to this
 25. Richard III was part of this House
 28. Wife of both Arthur, Prince of Wales & Henry VIII
 29. Last English Monarch to be born outside of Great Britain
 30. Queen Anne belonged to this House
 31. Name of the longest-serving heir apparent in British history.
 32. Edward VI named this person as his heir
 33. Longest reigning British Monarch
- Down**
2. Current London residence of the Monarch
 3. Queen Victoria was part of this House until her marriage

6. Nickname given to Mary I
8. Title given to Queen Victoria's husband
10. Mother of Henry VIII
11. Famous pearl gifted to Mary I by her husband
12. Where Henry VI died
13. Birthplace Palace of Richard I
15. Her death made Princess Victoria heir
17. George VI died from this disease
19. The death of this Prince of Wales made Henry VIII heir
22. Fourth Queen Consort of Henry VIII
23. Henry III belonged to this House
26. He said his son would "ruin himself within 12 months"
27. It is believed the mental illness that plagued George III was caused by this blood disease

MATARIKI

Find the following words in the puzzle.
Words are hidden down and across, backward and diagonal.

S	A	P	M	S	H	A	W	H	J	I	S
R	T	U	A	A	T	I	I	T	R	E	K
E	T	A	O	G	O	N	R	G	I	O	Y
T	N	S	R	B	E	R	O	V	Y	Z	H
S	R	H	I	W	Q	Y	A	F	E	O	H
I	V	O	Y	S	A	A	E	E	I	S	W
S	A	E	U	O	K	C	W	K	T	R	T
M	A	T	A	R	I	K	I	I	A	O	T
R	M	W	P	D	X	R	N	R	L	I	A
H	I	W	A	T	E	R	A	N	G	I	A
C	C	E	L	E	B	R	A	T	I	O	N
E	V	O	L	I	G	N	A	R	U	R	U

MATARIKI

SISTERS

SKY

AOTEAROA

STAR

URURANGI

HIWA-I-TE-RANGI

CELEBRATION

HARVEST

MAORI

NEW YEAR

KAI